

Meet Your Kids Yoga Teacher Training Team: Lead Trainer: Aruna Kathy Humphrys (left)

Aruna Kathy (E-RYT 500, RCYT, BA)

Aruna Kathy started practicing yoga in 1995 and took teacher training in 1998. She continued her study as a disciple of a Bengali Guru and spent six years living in an Ashram. She has taught children in schools, daycare centres, community centres, camps and retreats, including teaching yoga at a Montessori School for 18 years. She has been teaching yoga full-time since 2000, co-founded the Ambassador Yoga 200 Hour Training as well as the Young Yoga Masters training.

Plus Exceptional Guest Teachers - see website for full details.

5 Star Reviews!!

"Best Kids' Teachers' Training! The Trainers are so knowledgeable and the program gives you so many tools to teach kids' yoga in a fun, safe and efficient way." – Karine

"I already had considerable kids yoga training and experience teaching children and I absolutely loved my training with Young Yoga Masters." – Cindy



KIDS YOGA TEACHER TRAININE KIDS YOGA TEACHER TRAININE

April 26 to June 10, 2023

Graduate with your 96 Hour Certificate in 7 Weeks



Check It Out at: YoungYogaMasters.com

"It's amazing to be with other yoga students from home.

It's a lot of fun and very interactive.

I highly recommend you take the training!" – Stacey

Make this the year to deepen your practice and enhance your teaching with a live training.

BECOME A KIDS YOGA TEACHER

Young Yoga Masters provides you with training to become a confident and successful teacher with a Certification you can be proud to put on your resume.

Who this training is for:

- School Teachers, Supply Teachers
- Early Childhood Educators, Teaching Assistants
- Principals, Supervisors, Managers, and support staff
- Yoga Teachers
- Parents, Aunts, Uncles, Grandparents
- Youth Leaders and Community Leaders
- Doctors, Pediatricians, and Health Promoters
- Those who love yoga and have children in their lives

SMALL **CLASS SIZES**

Class Size will be limited to 20 students per module.

Training Includes:



- 60 HRS live Zoom | 4HRS practicum | 30 HRS Self-Paced
- Comprehensive manuals (PDF printable downloads)
- Lifetime access to the training.
- A live community to support your success!

"You gave us everything, you held nothing back. I could feel how much you wanted me to succeed!" - Alena

DATES + TIMES April 26 - June 10, 2023

Wednesday's 6 - 10 pm EST	Saturday's 9 am - 12 pm + 1 - 4 pm EST
April 26: Yoga Literacy	April 29: Yoga Literacy
May 3: Kids Yoga + Mindfulness	May 6: Chakras for Children + Family Yoga
May 10: Themes and Dreams	May 13: Themes and Dreams
May 24: Mindfulness for Children	May 27: Mindfulness for Children
May 31: Inclusive Yoga	June 3: Inclusive Yoga
June 7: Mastermind	June 10: Mastermind

REGISTER:

Save Up to 40% OFF

Registration: \$1975 CAD / \$1575 USD + tax where required

Register by March 25: Save 40% with code KIDSYOGATEACHERSAVE40

Register March 26 - April 23: Save 25% Use Code: KIDSYOGATEACHERSAVE25

Installment Plan Available: Add \$50 to the total.

Space is limited to 20 participants.

Visit: YoungYogaMasters.com Registration Now Open - Secure Your Place Today